

# Harness the POWER OF PRANA

FREE!

## Series

Oct 21-24 | Nov 10-11

### For Enhancing Memory & Intelligence

Aina Haina Library

Learn how 'prana' or energy can be used as fuel for brain cells to improve memory and brain function. This Yogic technique has been practiced in India for thousands of years by children to improve intelligence.



### For Youthfulness & Greater Vitality

Yoga Hawaii - Honolulu



Experience the '9 energizing breaths' to recharge your body in less than 10 minutes. Learn the science behind how 'Prana' or 'mana' can be used for healing ailments.

### For Inner Peace & Spirituality

Purple Yoga - Honolulu  
& Unity Kailua Kona

Learn an advanced meditation technique to quiet the 'inner noise' and cope with stress by using Divine Prana. Experience peace and stillness with this guided meditation.



### For Improving Relationships

Unity Hawaii - Waikiki



Learn how 'prana' or energy can be utilized to neutralize conflict, accelerate forgiveness and harmonize relationships at home & work.

## COMMUNITY HEALING CLINICS

Receive FREE sessions to experience how Pranic Healing can help you and your loved ones.

### LOCATIONS

Aiea Waikiki Kailua-Kona

To RSVP Or For More Information

(888) 470-5656

[www.pranichealing.com/hawaii](http://www.pranichealing.com/hawaii)



# When the Mountain Calls

by Dr. Thomas Vendetti

The Himalayas have always had a special calling for me. What I learned was – when the mountain calls, show up. So I returned to retrace the many steps I'd taken over 30 years and made a documentary feature film "When the Mountain Calls: Nepal-Tibet- Bhutan."

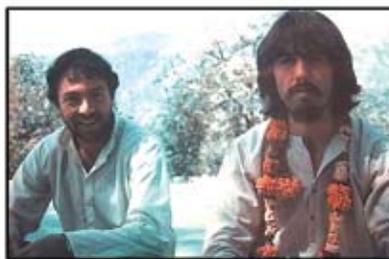
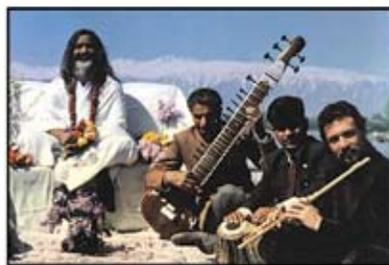
The people, culture and music in the Himalayan region has had a profound impact on my life bringing much joy and magic, that I have tried to capture in my films. And one person who has brought his magic to my movies and to me is Grammy Award winning musician Paul Horn.

It was in 1969 that Paul went to India to visit the Maharishi Mahesh Yogi and there became friends with The Beatles and Donovan. There, too, he discovered the unique acoustics of the Taj Mahal resulting in his album "Inside the Taj Mahal" becoming a sensation changing the course of musical history and making him a central figure in the transcendental movement of the '60s. He was called the "Father of New Age Music." Upon hearing the album, I was mesmerized, captivated

by this man, his music, and the pure emotional joy that his music instilled in me.

On my first journey to Lhasa, Tibet in 1987, I thought of Paul Horn and how remarkable it might be for him to record his flute inside the Potala Palace. Little did I know then, a decade later that I would be instrumental in orchestrating Paul playing inside the sacred walls of the Palace.

I was living on Maui and was producing a relaxation video for the mentally ill, and I wanted to include Paul's music. A gracious man, Paul said that if I organized an event



on Maui, he would perform and I could record the music and have it for free for my video. We arranged a benefit concert, Paul came and performed, and a wonderful friendship grew from there.

I asked him if he would like to record his flute inside the Potala Palace and he said, "If you can make it happen, I am there." So off we went to Tibet. Once there, the Chinese gave us a small smoke-filled room with bad acoustics. But it was The Great Assembly Hall we wanted. Risking possible arrest, we arranged a recording during the guards' 30 minute lunch break, Paul made magic with his flute, and I captured that remarkable moment in my documentary "Journey Inside Tibet."

Since then, Paul has performed, composed and narrated several of my documentaries, and now once again, "When the Mountain Calls." Dreams, even impossible ones, can and do happen. It seems that nothing is quite by chance – especially long-lasting friendships! 🎵

"When the Mountain Calls: Nepal-Tibet-Bhutan" is directed and produced by Dr. Tom Vendetti who won an Emmy for his documentary, "Bhutan: Taking the Middle Path to Happiness." Robert Stone (director of "Taylor Camp") also is producer. Script is by Rick Chatenever. Music is by Christopher Hedge and Paul Horn. "In Love With the Mystery," a narrative and musical performance with author Ann Mortifee and Paul Horn will precede the movie screenings. For the premiere events on Maui (11/5), Kauai (11/12) and Oahu (11/13) and to purchase advance tickets, please visit <http://WhenTheMountainCalls.com>